

You're invited ~
to this major fundraiser ~ featuring best local artists

Art 4 CFA
TRAWOOL
EASTER 2018

OPEN DAILY Friday 30th March to Sunday 1st April 10am to 4pm
Monday 2nd April 10am to 1pm.

Gala Opening by Steph Ryan MP ~ Thursday 29th March at 6.30pm
... just be there!

2018 ART4CFA AT TRAWOOL

The Easter 2018 Art4CFA Show will be hosted by Trawool Fire Brigade running from Friday 30 March to Sunday 1 April from 10am to 4pm and on Monday 2 April from 10am to 1pm.

The Gala Opening is Thursday 29 March at 6.30pm with Local MP Steph Ryan officiating.

This is the sixth year in a row that the ART4CFA Show has been held in District 12, starting in 2013. These have been hosted by Hilldene, Tallarook, Glenaroua and Whiteheads Creek brigades, and now back to Trawool.

The shows have been immensely popular; each year raising more money than the last one. All the exhibitors have some connection to CFA, at the very least with donations.

Come along and enjoy your visit and support a sister brigade.

Brimpaen history

"The History of Brimpaen Fire Brigade" book was launched as part of the Australia Day celebrations in Horsham. The book entails the brigade's history since it was first formed in 1939.

Member Ivan Smith is Co-author of the book with Margaret Matthews, who started writing the book in 2006. The brigade decided it was important to recognise the outstanding work of its members in the early years. Says Ivan: "If we don't write down our story we would lose our history."

While two major wildfires - 1957 and 2014 - were significant the larger picture was the brigade's success.

"There have been great improvements in equipment and communications over the years. When you look at the whole picture, in 1933 the brigade only has knapsacks, racks and leather beaters to fight fires whereas today we have aircraft at our disposal and modern tankers."

The book is available from Secretary Andrew Bell on 0427 811 779.

HELMET DECALS for
Structural & Wildfire
Helmets To CFA Standard
DRESS UNIFORM BADGES also CALL FOR SPECIAL DECALS & ENGRAVED PLATES

NEW Email: efcee@iinet.net.au
EFCEE SERVICES Ph. (03)9756 6370
Frank & Janet Cook M. 0417 357 642

RECRUITING BOOST IN 1970s

Belgrave Heights and Belgrave South Fire Brigade was having some difficulty in raising daytime crews back in the early 1970s, a difficulty that most brigades have experienced over time or still experience today.

Back then a decision was made that the brigade would build a replacement station to replace the AC sheet clad building it occupied.

An idea was raised about the possibility of recruiting some of the fit and agile people from the tennis club as the design and building of the new station had a door adjacent to the tennis courts. The idea was that with the insertion of a gate, rapid access to the station would be very easy.

George Harmon was the President of Belgrave Heights and Belgrave South Fire Brigade from 1976 to 1981 when the idea was raised about recruiting members from the tennis club.

As George recalls: "Lieutenant Brian Newman was very supportive of the idea and also a member of the tennis club."

"Once the new station was in operation we decided to hold a membership drive by inviting friends to a 'beer and pie night.' The result of those ideas was that we recruited none from the tennis club but there was interest from a Gary Allen, later becoming a member and Lieutenant."

"Gary Allen went home and mentioned to his wife Pam what had taken place and that I was pushing to recruit new members. As the result, Pam turned up to the station and enquired about joining and becoming a fire fighter. At that stage Gary and Pam did not have any children and Pam thought she had the time to be an active member."

"It then followed that Pam sought to be registered as an active fire fighter. Such an idea was not kindly received by CFA at the time."

"The Regional Officer of the day, a really nice gentleman and very good supporter of the brigade, said he could not at that time

2018 Rural Competitions

25 February	District 7	Connewarre
4 March	District 6	Beeac
	District 19	Natte Yallock
	District 24	Baranduda
12 March	District 2/Mandurang Brigade	Mandurang
18 March	District 15/16	Waubra
	District 18	Beulah
	District 23	Greta
25 March	District 2	Harcourt
	District 4	Casterton
	District 14	Plenty
	District 22	Strathmerton

support the proposition of an active female fire fighter. Such an idea was not supported by the CFA Chairman.

"We persisted and Pam Allen became registered as an active fire fighter and was a great asset and encouragement to those who followed."

"I am aware that earlier there had been female fire fighters, in particular I remember a female being on a crew with me. Our day time numbers were always difficult and we were grateful of any help male or female when the need arose."

"We believe Belgrave Heights and Belgrave South Brigade recruited the first female, official registered active fire fighter."

"We have now moved on 40 years plus and the important role of female firefighters within CFA is well-recognised."








Answering the call – measuring the mental health and wellbeing of police and emergency services personnel

Have your say on the mental health of police and emergency services

Even the most resilient police and emergency services worker and volunteer can be affected by stress and trauma. That's why VFBV is supporting *Answering the call* – beyondblue's National Survey of Mental Health and Wellbeing of Police and Emergency Services Personnel.

We are working with beyondblue and CFA on a world-first national study to provide clear evidence about the issues affecting the mental health of police and emergency services personnel and identify the best ways to provide support.

Employees, volunteers and former employees from police, fire and rescue, ambulance and emergency services across Australia are being invited to participate in a short survey. In Victoria, VFBV has strongly advocated and supported CFA to be involved, and volunteers were sent invitations to participate in early February. If you receive an invitation **we encourage you to participate**.

beyondblue and VFBV is committed to working with organisations in the police and emergency services sector to ensure the survey results are used to improve the mental health and wellbeing of police and emergency services personnel.

The survey is completely voluntary and anonymous. Agencies will not see anyone's individual responses, as the online survey is being hosted by independent research organisation, Roy Morgan Research, and analysed independently by The University of Western Australia. No individual responses will be provided to CFA or VFBV.

A representative random sample of CFA volunteers is being invited to participate in the survey. Participants have been selected at random and not on the basis of their wellbeing. This is to provide a representation of the needs of the whole police and emergency services sector. If you were randomly selected, you will have received an email at the email address recorded on CFA's RMS system. For further information on the survey, please visit beyondblue.org.au/pesresearch and click on the 'FAQs for participants' link. You can also phone the research team on 1800 677 248 or email answeringthecall@roymorgan.com

Don't miss out on having your say! Check your email to start the survey.

What supports are available to police and emergency services personnel?

beyondblue Support Service
1300 22 4636
www.beyondblue.org.au/get-support
Access free, confidential support from a trained mental health professional.

beyondblue online forums
www.beyondblue.org.au/forums
Access anonymous peer support around the clock from beyondblue's online forums.

Lifeline
13 11 14
www.lifeline.org.au
Lifeline provides 24/7 crisis support and suicide prevention services.

mindhealthconnect
www.mindhealthconnect.org.au
Access to trusted, relevant mental health care services, online programs and resources.

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